

**Leinster Novice & Master Road Race Championship
Gowran 2nd May 2016**

Novice Men

Pl.	Name	Club	#	1650m	3000m	4500m	6000m
				Lap 1	Lap 2	LAP 3	Finish Time
1	Colin MAHER	Ballyfin A.C.	1426	4:55	9:42	14:34	19:30
2	Brian KIRWAN	St. L. O'Toole A.C.	1405	5:22	10:18	15:18	20:25
3	Tom O'KEEFFE	Kilkenny City Harriers A.C.	1422	5:14	10:18	15:22	20:31
4	Thomas DUNNE	Ballyroan Abbeyleix & District A.C	1425	5:15	10:18	15:34	20:49
5	Micheal KELLY	St. L. O'Toole A.C.	1404	5:22	10:38	15:58	20:54
6	Trevor CONROY	Sliabh Bhuide Rovers A.C.	1433	5:22	10:39	15:59	20:57
7	Trevor CORCORAN	St. L. O'Toole A.C.	1403	5:23	10:39	15:59	21:00
8	Martin ASKINS	Sliabh Bhuide Rovers A.C.	1431	5:22	10:38	15:58	21:04
9	John MGRATH	United Striders AC	5987	5:21	10:39	21:07	21:07
10	Noel KENNEDY	Sliabh Bhuide Rovers A.C.	1436	5:15	10:35	16:00	21:29
11	Pauric ENNIS	Tullamore Harriers A.C.	1430	5:23	10:42	16:08	21:33
12	Lyndon BARCOE	Gowran A.C.	1409	5:22	10:44	16:17	21:46
13	Richie REID	Portlaoise A.C.	1429	5:36	10:59	16:29	21:48
14	John MURPHY	D.M.P. A.C.	1442	5:34	10:57	16:27	21:49
15	Simon O'DWYER	Gowran A.C.	1420	5:36	11:01	16:33	21:50
16	Trevor MCCORMACK	Portlaoise A.C.	1427	5:37	11:03	16:33	21:53
17	Ken ARCHBOLD	St. L. O'Toole A.C.	1401	5:37	11:03	16:34	21:54
18	John STONE	D.M.P. A.C.	1446	5:34	11:01	16:32	21:56
19	David LEONARD	Sliabh Bhuide Rovers A.C.	1437	5:24	10:48	16:25	22:01
20	Stephen O'KENNEDY	Sli Cualann AC	1450	5:16	10:47	16:40	22:12
21	Denis MOYNIHAN	Sliabh Bhuide Rovers A.C.	1441	5:27	10:59	16:34	22:15
22	Derek KEHOE	Gowran A.C.	1416	5:36	11:02	16:43	22:19
23	Brendan RADFORD	D.M.P. A.C.	1444	5:37	11:08	16:49	22:21
24	Tommy MCELWAIN	Sliabh Bhuide Rovers A.C.	1440	5:35	11:03	16:43	22:22
25	Ronan DEVOY	Portlaoise A.C.	1424	5:38	11:08	16:51	22:23
26	Noel BURKE	Ballyroan Abbeyleix & District A.C	1423	5:44	11:27	17:07	22:28
27	David DEMPSEY	Gowran A.C.	1413	5:37	11:03	16:50	22:31
28	Tommy COONEY	St. L. O'Toole A.C.	1402	5:37	11:06	16:51	22:37
29	Ger POWER	Kilmore A.C.	1443	5:25	11:01	16:57	22:42
30	David POWDERS	Portlaoise A.C.	1428	5:38	11:19	17:10	23:01
31	Pat COADY	Gowran A.C.	1411	5:49	11:41	17:42	23:46
32	Tom CORRIGAN	Gowran A.C.	1412	6:18	12:23	18:36	24:38
33	Gary FREHILL	Gowran A.C.	1415	5:39	11:49	18:15	24:44
34	Colm O'NEILL	St. Coca's A.C.	1407	5:44	12:12	18:41	25:25
35	Martin MOSELEY	Gowran A.C.	1418	5:54	12:23	19:29	27:07
36	John LEAMY	Gowran A.C.	1454	6:17	13:11	20:34	28:26

Novice Men Club results

4 to score

Club	Runner Name	Gross Time	Place(Cat)	Pts
Club 1				
St. L. O'Toole A.C.	Brian KIRWAN	00:20:25	2	31
St. L. O'Toole A.C.	Micheal KELLY	00:20:54	5	31
St. L. O'Toole A.C.	Trevor CORCORAN	00:21:00	7	31
St. L. O'Toole A.C.	Ken ARCHBOLD	00:21:54	17	31
Club 2				
Sliabh Bhuide Rovers A.C.	Trevor CONROY	00:20:57	6	43
Sliabh Bhuide Rovers A.C.	Martin ASKINS	00:21:04	8	43
Sliabh Bhuide Rovers A.C.	Noel KENNEDY	00:21:29	10	43
Sliabh Bhuide Rovers A.C.	David LEONARD	00:22:01	19	43
Club 3				
Gowran A.C.	Lyndon BARCOE	00:21:46	12	76
Gowran A.C.	Simon O'DWYER	00:21:50	15	76
Gowran A.C.	Derek KEHOE	00:22:19	22	76
Gowran A.C.	David DEMPSEY	00:22:31	27	76
Club 4				
Portlaoise A.C.	Richie REID	00:21:48	13	84
Portlaoise A.C.	Trevor MCCORMACK	00:21:53	16	84
Portlaoise A.C.	Ronan DEVOY	00:22:23	25	84
Portlaoise A.C.	David POWDERS	00:23:01	30	84

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Novice Men County results
6 to score

Club	Runner Name	Gross Time	Place(Cat)	Pts
Team 1				
Wexford	Trevor CONROY	00:20:57	6	65
Wexford	Martin ASKINS	00:21:04	8	65
Wexford	John MGRATH	00:21:07	9	65
Wexford	Noel KENNEDY	00:21:29	10	65
Wexford	John MURPHY	00:21:49	14	65
Wexford	John STONE	00:21:56	18	65

Team 2				
Laois	Colin MAHER	00:19:30	1	85
Laois	Thomas DUNNE	00:20:49	4	85
Laois	Richie REID	00:21:48	13	85
Laois	Trevor MCCORMACK	00:21:53	16	85
Laois	Ronan DEVOY	00:22:23	25	85
Laois	Noel BURKE	00:22:28	26	85

Team 3				
Kilkenny	Tom O'KEEFFE	00:20:31	3	110
Kilkenny	Lyndon BARCOE	00:21:46	12	110
Kilkenny	Simon O'DWYER	00:21:50	15	110
Kilkenny	Derek KEHOE	00:22:19	22	110
Kilkenny	David DEMPSEY	00:22:31	27	110
Kilkenny	Pat COADY	00:23:46	31	110